



# EXERCISE PHYSIOLOGY

## 1<sup>st</sup> Year Graduate Students



### [Sam Crawford](#)

Sam Crawford is originally from Portland, Oregon. Sam served his country as a soldier in the United States Army, stationed at Fort Liberty in the 82nd Airborne Division. Sam went on to complete his B.S. from East Carolina University where he studied and did research in Exercise and Sports Science and worked with the Women's Soccer, and Track and Field teams, helping both achieve record-breaking seasons. At UNC, Sam hopes to continue helping athletes achieve their personal and athletic goals while pursuing his M.A. degree in Exercise Physiology. Outside of school, Sam enjoys playing any sport, spending time in the mountains, and traveling with his wife.



### [Gabrielle DelBiondo](#)

Gabrielle DelBiondo is from Charlottesville, Virginia, and graduated with a Bachelor's in Kinesiology from the University of Virginia. While at UVA, Gabrielle became the first female president of The Barbell Club and volunteered as an EMT and Swift Water Rescue Technician with a local rescue squad. Prior to UNC, she worked in clinical research for two years. In her free time, Gabrielle enjoys lifting weights, traveling, and hiking with her two dogs, Otis and Luna.



### [Kayleigh Doyle](#)

Kayleigh Doyle is from Wayne, Pennsylvania and completed her undergraduate studies in Science-Business at the University of Notre Dame. At Notre Dame, Kayleigh worked for the Sports Performance department, performing data collection on various varsity teams for fatigue analysis, as well as in a biomolecular engineering lab studying protein digestion. Her passion for exercise physiology stems from fascinations with the capabilities of the human body and a desire to improve quality of life through injury prevention and health promotion. Kayleigh enjoys running, crocheting, and being outdoors and is excited to join the Carolina community



### [Emily Kyaw](#)

Emily Kyaw is from Richmond, VA and a graduate of the University of Virginia with a B.S.Ed in Kinesiology. While at UVA, Emily interned with the football strength and conditioning team, and conducted research with the kinesiology department on foot pathologies and ACL reconstruction rehab. Her interest in research and the advancement of her expertise in sports rehabilitation and athletic performance influenced her decision to continue her education at UNC Chapel Hill. Emily is most excited for UNC game days and discovering places to eat around town!



### [Evan Levy](#)

Evan Levy is from Santa Fe, New Mexico. Evan is a graduate of Willamette University in Salem, Oregon earning his Bachelor's in Exercise and Health Science. Prior to UNC, he worked as a personal trainer for multiple years, living in DC. Evan is a former rugby player, a martial arts enthusiast, and an avid chess player.



### [Collin Stamey](#)

Collin Stamey is from Middletown, Pennsylvania, and received his B.S. in Genetic and Developmental Biology from The Pennsylvania State University. While at Penn State, Collin was introduced to the research world, working with the Division of Applied Biomedical Engineering at the Penn State College of Medicine on complications related to Left Ventricular Assist Devices (LVADs). At UNC, he will be working under the directions of Dr. Jimikaye Courtney in the HEAL Lab. Outside of the lab and classroom, Collin is an avid swimmer and enjoys trying new coffee shops



### [Nathanael Tejada](#)

Nathanael Gomes Tejada also known as "Smiley" is a Nashua, NH native, speaking 3 languages: English, Spanish and Portuguese. Nathanael is a recent graduate from Springfield College with a B.S. in Applied Exercise Science and his CSCS certification through the NSCA. While at Springfield, he was a student athlete on the men's wrestling team and contributed to various, clinical and sport related, published research projects as part of his internship experience. Prior to coming to UNC, Nathanael worked as an assistant strength coach at Veritas Performance Training and is excited to take his practical skills into EXSS' Oncology Lab. As a cancer survivor, he is excited to have a space to learn and explore how we can use exercise and movement of the human body as a means to better health outcomes and quality of life. As a Latin-American, Nathanael hopes to reach a diverse group of people all the while spreading "Nothin' but Smiles."