

**UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL
DEPARTMENT OF EXERCISE AND SPORT SCIENCE
SENIOR HONORS THESIS COMMITTEE FORM**

Form must be completed by first day of semester. No exceptions!

Date:

PID:

cGPA:

Name:

Email:

Thesis Topic:

The thesis committee consists of, at a minimum, a thesis advisor and one other member of the EXSS faculty. The thesis advisor and faculty member must be full-time members of the tenure track faculty or hold a doctoral degree in the Department of Exercise & Sport Science. Occasionally an individual with appropriate expertise who does not belong to the tenure track faculty can serve as the advisor or committee member. In such cases, special permission must be obtained from the Director of the Undergraduate Honors Thesis Program.

Each EXSS faculty is allowed to advise a maximum of two Senior Honors Thesis students at one time. Students may include additional faculty members, alongside doctoral students and post-doctoral scholars on the committee. The thesis advisor will determine whether committee members are to be designated as voting or non-voting members for “with honors” and “with highest honors” distinctions. All committee members must be present for the thesis proposal and thesis defense. Having large committees may inhibit the ability to appropriately schedule these meetings.

Thesis advisor, please ensure all voting committee members are aware of their role in determining these distinctions (see page 2). Please ensure that all committee members have clarity in and have agreed to their roles on the committee and working with the student.

I wish to recommend that the following individuals constitute my thesis committee:

Name	Role	Voting Member?	Signature
	Advisor	Y	
	Required second faculty member	Y	
	Committee member		
	Committee member		
	Committee member		

SENIOR HONORS THESIS LEARNING CONTRACT 693H
Senior Honors Thesis (3.0 credit)

Director: Zachary Yukio Kerr, PhD, MPH, FACSM
Office: Woollen 313
Email: zkerr@email.unc.edu

Course Description: This three-credit experience is required to graduate with honors or highest honors from the Exercise and Sport Science Department. This course is an independent research project directed under the supervision of a faculty adviser in the Exercise and Sport Science Department. Students will prepare the first three chapters of the honors thesis followed by an oral proposal of these chapters.

Co requisite: EXSS 273

Course Objectives:

- Learn the process behind conducting quality research.
- Discover the process of analyzing relevant literature through a literature search.
- Complete and propose the first three chapters of a research project.

Requirements/Grading:

- Submit a signed title page indicating you have successfully proposed your research project. To the satisfaction of your thesis advisor.
- Your thesis advisor is responsible for assigning you a grade based on the both the quality and timeliness of your work.
- Maintain a cGPA of at least a 3.3
- In the event that the student's GPA falls below the acceptable range or the student fails to complete the proposal to the committee's satisfaction by the last day of classes, the student will receive a grade and course credit only.

Graduation “with Honors” and “with Highest Honors”

Graduation “with honors” will occur with the completion of EXSS 693H, EXSS 694H, and a quality senior thesis (inclusive of passing your proposal and defense, and depositing your final written thesis to the **Carolina Digital Repository**). To pass the proposal and defense, a majority (e.g., 2/2, 2/3, 3/4, 3/5) of voting members of the thesis committee must assign a “pass” to each.

Graduation “with highest honors” will occur with the above, in addition to a majority of voting committee members nominating the student for this distinction. Nominations must be submitted via **this link** by the defense deadline date posted on the OUR website. Committee members will be asked to discuss how the quality of the thesis document, the research performed, and the oral defense merits graduation “with highest honors.” The EXSS Director of Undergraduate Research will notify the advisor and student of the “highest honors” distinction once a majority of complete nominations is provided,

Nominations will be held in strict confidence. No coercion or retaliation related to these nominations is allowed. It is the responsibility of each voting committee member to complete nominations on time.

Required Outline for Thesis project:

- I. Proposal of project – completed and formally presented by the last day of class in 693H
*copy of paper must be submitted to committee members at least 1 week prior to proposal date
 - A. Chapter I – Introduction
Statement of the problem
Hypotheses
Definition of terms
 - B. Chapter II – Review of the Literature
Thorough review of scholarly publications (journals, abstracts, text books, etc.)
Should be organized by topics which are important to your specific problem
Should help support the rationale for your study
 - C. Chapter III – Methodology
Subjects
Apparatus/Equipment
Protocol
Analysis of Data
- II. Data Collection – May begin as soon as proposal is approved by committee and IRB approval is granted.
- III. Defense of Project – completed and formally presented by Date Posted by Honors Carolina – Please see their website.
*copy of paper must be submitted to committee members at least 1 week prior to defense date
 - A. Includes Revised Chapters I, II, and III
 - B. Chapter IV –Results
Descriptive Statistics
Data Analysis
*Includes any figures/graphs describing findings
 - C. Chapter V – Discussion
Discuss findings as they relate to your hypotheses and previously cited findings
List any recommendations and/or areas of future research
- IV. Submission of completed (revised) thesis – due by the last day of class in 694H

CHECKLIST

- ___ Completed the thesis committee form (page 1)
- ___ Faculty advisor and student have reviewed the learning contract (pages 2-3)
- ___ Faculty thesis advisor will have no more than two senior honors thesis students
- ___ All thesis committee members have been designated as voting/non-voting members
- ___ All thesis committee members have agreed to their roles on the committee and assisting the student with their Senior Honors Thesis
- ___ Student, faculty thesis advisor, and committee members aware of process for determining “with honors” and “with highest honors” distinctions

Faculty and student agreement to learning contract

INSTRUCTOR OF RECORD AND STUDENT RESPONSIBILITIES: I have read the requirements expected of the instructor, agree to undertake these responsibilities, and will abide by the Honor Code’s responsibilities of faculty.

(Student Signature to Be Provided Within Online Course Management System)

I have read the requirements expected of the student including documents on the Sakai site, have met the prerequisites and co requisite, agree to undertake these responsibilities, and will abide by the Honor Code’s responsibilities of students.

(EXSS Faculty Instructor Signature to Be Provided Within Online Course Management System)

STUDENT INSTRUCTIONS FOR REGISTERING FOR EXSS 693H

1. Log in to the Online Learning Contract Manager System: <https://olcm.oasis.unc.edu/>
2. Scroll to the bottom of the page – click “Get Started/Continue”
3. Sign in using your Onyen/Password
4. Click green “+ Add Contract” button
5. Click blue “continue” button
6. Click “select a unit” – scroll to “Exercise and Sport Science”
7. Click “select an instructor” – scroll to your advisor’s name
8. Click “course” – select “EXSS 693H Senior Honors Thesis”
9. Enter “3” for number of credit hours sought
10. Click blue button, “Save and Continue”
11. Enter Cumulative GPA
12. Click blue button, “Save and Continue”
13. Make sure “Upload supplemental syllabus file or completed unit learning contract form” is checked, and click “Choose File” to upload your learning contract.
14. Click green button, “Upload”
15. Click blue button, “Save and Continue”
16. In “File Uploads” screen, click “Save and Continue”
17. Click “Review” tab
18. Click blue check mark indicating you’ve read the requirements
19. Click blue “Submit” button

Upon submission, your advisor will receive an email notifying them that you have submitted the learning contract. They will then review and approve the learning contract. They may also send it back to you for revisions, which will require you to go through the submission process again.

Once your advisor approves it, the Director of Undergraduate Research will review and approve the learning contract. They can also send it back to you for revisions. If approved, the EXSS administrative office will register you for that semester.