The following series of questions should be used to screen all potential research participants (and any other visitors such as parents in the case of minor participants) prior to entering EXSS labs. Each research group has discretion to administer this screening form via pencil-and-paper or electronically using the link or QR code below.

<https://unc.az1.qualtrics.com/jfe/form/SV_9zBj1IOoyTrt1zM>

Qr code

Description automatically generated

**Participant COVID Wellness Checklist**

1. Are you currently experiencing COVID-19 symptoms (e.g. sore throat, coughing, shortness of breath, muscle aches, loss of taste or smell, vomiting, or diarrhea)? (YES = DISQUALIFICATION)
2. Have you traveled outside the US in the past 21 days?
   1. If Yes, have you received a negative COVID test since your return? (NO = DISQUALIFICATION)
3. Have you tested positive for COVID-19?
   1. If Yes, did you experience symptoms?
      1. If Yes
         1. Have 5 days passed since your symptoms first appeared? (NO = DISQUALIFICATION)
         2. Have you been fever-free without use of fever-reducing medications for at least 24 hours? (NO = DISQUALIFICATION)
      2. If No
         1. Have 5 days passed since you received the positive test result? (NO = DISQUALIFICATION)
4. Have you come into close contact\* with anyone who has tested positive for COVID-19 or has experienced COVID-19 symptoms within the past 5 days?
   1. If Yes
      1. If under 18 years of age
         1. Have you been fully vaccinated (2 doses of Pfizer and Moderna, 1 dose of Johnson & Johnson)? You are not required to provide this information. However, if you do not provide this information we cannot enroll you in this study until you have quarantined at least 5 days from the day of the COVID-19 close contact. (NO OR NO ANSWER = DISQUALIFICATION)
      2. If ≥ 18 years of age
         1. Have you been fully vaccinated (2 doses of Pfizer and Moderna, 1 dose of Johnson & Johnson) and received a booster dose? You are not required to provide this information. However, if you do not provide this information we cannot enroll you in this study until you have quarantined at least 5 days from the day of the COVID-19 close contact. (NO OR NO ANSWER = DISQUALIFICATION)

\*The [CDC defines](https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html) “close contact” as being <6 feet away from an infected individual for a cumulative total of 15 minutes or more over a 24 hour period. Infected individuals can spread COVID starting 2 days prior to displaying symptoms or 2 days prior to an asymptomatic positive test result.

**Current** [**CDC recommendations**](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html)**:**

* Individuals who have tested positive for COVID-19 independent of vaccination status
  + Isolation for at least 5 days
    - Day 0 = first day of symptoms for symptomatic
      * Isolation ends after 5 days if fever-free for 24 hrs without antipyretic drugs AND improved symptoms
    - Day 0 = date of + test for asymptomatic
      * Isolation ends after 5 days if symptoms do not develop
      * 5-day isolation period re-starts if symptoms develop, and symptomatic protocol is then followed
  + Mask at all times for an additional 5 days
  + Also applies to individuals who are symptomatic and have not been tested or are awaiting the results of a COVID-19 test
* Individuals who might have been exposed to the virus (e.g. close contact)
  + Quarantine **is not** necessary if:
    - ≥ 18 yo and received all vaccine doses + booster
    - 5-17 yo and received 2 vaccine doses
    - Confirmed COVID-19 diagnosis within past 90 days and currently asymptomatic
  + These individuals should mask for 10 days after close contact
  + Get tested at least 5 days after close contact
* Individuals with severe illness due to COVID (e.g. hospitalization, intensive care, ventilation support, etc.)
  + Isolation for at least 10-20 days
  + Obtain – test result
  + Consult healthcare provider regarding ability to resume interaction with other people