

**UNC – Ski/Snowboarding Schedule**  
**Monday, December 30 – Friday, January 3, 2020**

**Monday, December 30 (Orientation - 2:00p-10:00p. Very Important, You Must Attend)**

Holiday Inn Express, 8412 Valley Blvd (Hwy 321 Bypass), Blowing Rock NC 28605.  
Note: Hotel room check-in at the Holiday Inn Express is after 3:00p

**Be sure you have the following:**

1. **Your Schedule and Map**
2. **Slope Ticket for Monday Night**
3. **Equipment Form (if renting equipment)**

**Skiing/Boarding (Appalachian Ski Mtn. 5:00p-10:00p) 940 Ski Mtn Rd Blowing Rock NC 28605**

**5:00p** Arrive Appalachian Ski Mtn. ready to ski. Go to equipment area, lower level of lodge to check out equipment. Return equipment where you check it out each session **or** rent a locker (\$5 per day). This will allow you to keep the same equipment through Wednesday. Appalachian equipment cannot be taken off Appalachian Ski Mtn property.

**6:15p** Meet with your group for classes. Meet at the Green Flag, base of #1 Chair Lift. **BE SURE YOU KNOW YOUR INSTRUCTOR'S NAME, WHEN YOU MEET AND WHERE. YOUR INSTRUCTOR WILL HAVE YOUR LESSON TIMES AND MEETING PLACE.**

**5:30-10:00p** Instruction and Practice Time.

**Tuesday, December 31st (Appalachian Ski Mtn. - 11:30a-7:30p)**

**11:15a** Pick up slope ticket and equipment form at French-Swiss Desk, lower level of the Lodge.

**11:30a-7:30p** Practice time and instruction. **MEET WITH YOUR INSTRUCTOR AT DESIGNATED TIME AND PLACE.**

**Wednesday, January 1 (Appalachian Ski Mtn. -11:30a-7:30p)**

**11:15a-11:30a** Pick up slope ticket and equipment form at French-Swiss Desk, lower level of the lodge

**7:30p** Practice time and instruction. **Meet with your instructor at designated time and place. Skills Test - Conducted at the end of your class.** Return Rental Equipment prior to leaving the lodge.

**Thursday, January 2 (Sugar Mountain - 9:00a-4:30p)**

**ONLY if renting equipment:** Stop at French Swiss Rentals, 10821 Hwy 105 South, Banner Elk, NC, 28604. Keep equipment until Friday.

Present Photo I.D. at the French-Swiss Sign in the cafeteria at Sugar Mountain for slope ticket. **NO SLOPE TICKETS ISSUED AFTER 11:00a.**

**Friday, January 3 (Sugar Mountain - 9:00a-4:30p)**

Hotel check-out before you ski/snowboard. Present Photo I.D. at the French-Swiss Sign located in the cafeteria at Sugar Mountain to get a slope ticket. **NO SLOPE TICKETS ISSUED AFTER 11:00a.** Return equipment to French-Swiss Rentals by 5:00p.

**Have a safe trip home.**  
**THANK YOU FOR SKIING WITH FRENCH-SWISS.**

# UNC - Chapel Hill

## LFIT 129 and PHYA 229 Skiing/Snowboarding Guidelines

**IMPORTANT:** If you find that you cannot attend the program, it is **YOUR** responsibility to notify Dr. Ed Shields (\*Email: Ed.Shields@unc.edu - \*Please put **SKI** in subject line.). Up to and including Dec 29 contact Dr. Shields via his email address. Beginning December 30 through January 3 call the French-Swiss Office at 828-295-9312. Be sure to identify yourself as a UNC-CH student!

The program will be conducted regardless of weather. We had to schedule this class ~one year ago, weather forecasts for a year in advance are not very good!

The weather is very unpredictable and changes from hour to hour. You can expect powder, hard packed snow, ice, rain, corn snow, or slush. Try to make the best of the weather, but **DO NOT** expect good conditions at all times.

All skiing/snowboarding will be at your own risk.

Car pool as much as possible. Appalachian Ski area parking fee is \$1.00 per day. There is no parking fee at Sugar Mountain.

### **VERY IMPORTANT**

**BRING YOUR PHOTO I.D. AND French-Swiss I.D. WITH YOU EVERY TIME YOU COME TO SKI. YOU MUST PRESENT YOUR I.D. OR YOU CANNOT SKI.**

**IT IS IMPORTANT THAT YOU PRACTICE BEFORE AND AFTER YOUR CLASSES TO COMPLETE THE REQUIREMENTS FOR THIS CLASS.**

**IF YOU FEEL YOU ARE IN THE WRONG CLASS OR HAVE A PROBLEM, NOTIFY THE FRENCH-SWISS DESK.**

**SLOPE TICKETS FOR SUGAR MOUNTAIN WILL BE PICKED UP AT THE FRENCH-SWISS SIGN LOCATED IN THE CAFETERIA AT SUGAR MOUNTAIN. Do NOT ATTEMPT TO PICK UP TICKETS AT THE OUTSIDE WINDOWS.**

### **RULES OF CONDUCT**

Noise must be held at a reasonable level in the hotel. Please do not socialize in the halls, balconies or parking lot after 11:00a. **THE HOTEL RESERVES THE RIGHT TO ENFORCE BY ANY ACTION DEEMED NECESSARY.**

**YOU ARE RESPONSIBLE FOR ANY DAMAGE DONE TO HOTEL PROPERTY IN AND OUTSIDE OF YOUR ROOM. YOU WILL BE REQUIRED TO PAY FOR ANY DAMAGE YOU CAUSE.**

YOU are responsible for the cost of phone calls made using hotel phones and that must be paid before hotel check-out.

No grade will be issued to any student with an outstanding bill related to the hotel or with the French-Swiss Ski College.

**Dr. Shields will clarify the above and answer questions at the October meetings!**