Directions from Chapel Hill

- Take I-85 North to Exit 214 (Hwy 39 / Henderson)
- Turn left and follow Hwy 39 North for 13.5 miles (you will pass through Townsville)
- Turn right onto Rock Spring Church Road at the fork (there is a Baptist church and a sign to Henderson Point at the fork)
- Go 2.1 miles and turn right onto Woodsworth Road (this is also County Road 1358; The closed Jefferson's Grocery is on the corner)
- The UNC-CH Recreation Area is about 1 mile down Woodsworth Road/County Road 1358
- Enter areas A, B and C on the right. Areas D and E (boat ramp) are on the left.