

## SKIER LEVELS

Classify yourself with the chart below to determine where you would like to begin your instruction.

### Lessons Taught On Beginner Terrain

#### Beginner 1 "B1"

Never skied before. Choose between aggressive, athletic OR slow and easy pace.

#### Beginner 2 "B2"

You have skied a little and can make slight changes of direction on gentle terrain. Now you're ready to learn to complete turns in control and make the transition to intermediate terrain.

### Lessons Taught On Intermediate Terrain

#### Intermediate 1 "I1"

You can make turns and stop with confidence on beginner terrain. You want to learn to control your speed on intermediate terrain.

#### Intermediate 2 "I2"

You ski moderate intermediate terrain. Your goal is to increase confidence, control, and speed on more difficult slopes.

### Lessons Taught On Steeper, More Difficult Terrain

#### Advanced 1 "A1"

You can make turns with confidence on moderate intermediate terrain. Conquer steeper intermediate slopes and most difficult terrain by learning to use your poles and skiing parallel.

#### Advanced 2 "A2"

For parallel skiers to improve: style, skiing faster, racing, moguls, skiing all snow conditions & short radius turns.

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## RIDER LEVELS

LEVEL 1: New to snowboarding



LEVEL 2: Able to use lifts and ride the bunny hill

LEVEL 3: Able to make turns on beginner terrain

LEVEL 4: Comfortable riding intermediate terrain

LEVEL 5: Comfortable riding advanced terrain

## Hey...Are You Goofy or Regular?

Know Your Stance for Boarding  
*Stance setup refers to which foot is closer to the front of the board.*

### ASK YOURSELF—

Which foot is forward when surfing, skateboarding, throwing a ball or swinging a bat?

The forward foot is the front foot.

Which foot do you stand on to kick?  
The foot you stand on is the front foot.  
**GOOFY**—Right foot is the front foot

**REGULAR**—Left foot is the front foot