

INFORMATION FOR ALL STUDENTS REGARDING:

LFIT 129 – DOWNHILL SKIING / SNOWBOARDING

PHYA 229 – DOWNHILL SKIING / SNOWBOARDING

LFIT 129 -Downhill Skiing/Snowboarding is a class that meets every Friday during the fall semester, and travels up to the North Carolina Mountains (Boone area) for 5 days of skiing/boarding during the winter holiday. This class, LFIT 129, will fulfill the LFIT requirement. **Do not confuse LFIT 129 with PHYA 229 – there is a difference.**

PHYA 229 – Downhill Skiing/Snowboarding is an elective credit, and does not fulfill the LFIT requirement. Other than two or three organizational meetings in the fall semester, PHYA 229 will meet only during the week of skiing (5 full days) in the NC Mountains (Boone area) in late December/Early January.

There is an additional fee for either of these classes, both for the skiing or snowboarding portion. The amount of the fee depends on the “package” you choose. Transportation to and from the mountain is NOT provided, however many students carpool. The estimated fee structure for the class can be found at:

[UNC Schedule and Guidelines](#)