

**Dept. of Exercise & Sport Science
Blyth Lecture Series:**

“We Will Never Manage the Obesity Epidemic unless We Develop a Better Understanding of Energy Balance”



**Dr. Steven N. Blair
Arnold School of Public Health
University of South Carolina**

Dr. Steven N. Blair is Professor in the Departments of Exercise Science and Epidemiology and Biostatistics at the Arnold School of Public Health, University of South Carolina. Dr. Blair is a Fellow in the American College of Epidemiology, Society for Behavioral Medicine, American College of Sports Medicine, American Heart Association, and American Kinesiology Academy; and was elected to membership in the American Epidemiological Society.

- He is a past-president of the American College of Sports Medicine (ACSM), National Coalition for Promoting Physical Activity, and the American Kinesiology Academy.
- He is the recipient of three honorary doctoral degrees--Doctor *Honoris Causa* degree from the Free University of Brussels, Belgium; Doctor of Health Science degree from Lander University, U.S.; and Doctor of Science *Honoris Causa*, University of Bristol, UK.
- He has received awards from many professional associations, including a MERIT Award from the National Institutes of Health, ACSM Honor Award, Population Science Award from the American Heart Association, and is one of the few individuals outside the U.S. Public Health Service to be awarded the Surgeon General's Medallion.
- He has delivered lectures to medical, scientific, and lay groups in 48 states and 50 countries.
- His research focuses on the associations between lifestyle and health, with a specific emphasis on exercise, physical fitness, body composition, and chronic disease.
- He has published more than 700 papers and chapters in the scientific literature, and is one of the most highly cited exercise scientists with over 47,000 citations to his body of work, and an h-Index of 100.
- He was the Senior Scientific Editor for the U.S. Surgeon General's Report on Physical Activity and Health.

[March 23, 2016] 1301 McGavran-Greenberg [12:30pm-1:30pm]